



President's December Letter

Greetings fellow AAD artists.

Being a very special time of the year to get together with family and friends to enjoy all the seasons' celebrations. I wish to invite you to our December tradition of comradery and Pot Luck dinner and secret card exchange on Wednesday December 13th in the gallery.

"The AAD Executive and myself would like to wish all our members and their families a wonderful holiday season and the best of health, happiness and sunshine in your hearts."

May your artistic inspirations flourish in the New Year.

Susan
and her Elves.



Potluck Supper

- Ling and a few volunteers will start set up of the Galerie de la Ville around 5pm for our December meeting. If you can help, do not hesitate to come at that time.
- We are asking members to come at 5:30pm each with food to share and their hand made card or little painting (4X6, 5X7)also hand made for the exchange. The card or the painting must be signed. It is important that the card be inserted in an envelope with no name on the envelope. Same procedure if you are creating a small painting, it must be signed but no name on the wrapping.
- Please pack your food in ready-to-serve containers and bring a serving utensil if needed. Please put your name under your container and on your serving utensil. People would appreciate a list of ingredients for allergies and intolerances such as "contains nuts or gluten, etc".
- Don't forget to bring some utensils (fork, knife, spoon). We have plates and wine glasses.
- We plan to start supper at 6pm.

Lise Pigeon

NEW PROJECT: LIBRARY EXPO OPPORTUNITY

This is a reminder that the DDO Library through the coordination with Patrick has given the AAD the opportunity to showcase our artists. A specific wall in the library has been designated for this purpose.

The first expo will be of Terry Fishman's work. The starting date has been changed to Jan. 1. The goal is to change the art monthly.

We need members who are interested to e-mail me at bobbinett@gmail.com. We could then follow up and plan the monthly exhibits.

Please, if you are interested in being next or if you have questions, e-mail me.

Thanks,

Bobby Bennett

Interesting reading from Karen Sciortino on Art and Health

It's Saturday morning. You are barely awake, with a cup of coffee in your hand, and your gaze wanders to the window. It's raining. So you make up your mind. This afternoon, you will go to a museum.

But what if, without realizing it, you just made a good decision for your health?

That's the hypothesis put forward by the Association des Médecins francophones du Canada in 2018, when it launched the museum prescriptions program in partnership with the Montreal Museum of Fine Arts. (continue reading at

Could visiting a museum be the secret to a healthy life?

<https://theconversation.com/could-visiting-a-museum-be-the-secret-to-a-healthy-life-216978>



A visit to the museum, a new pill for our well-being?

Visit the museum to fight against mental dullness ? Here is what science reveals:

theconversation.com

Art Courses Given at the DCA by Some of Our Members (Winter 2024)

Please consult the Dollard Center for the Arts Web site to get more information.

<https://centreartsdollard.com>

Located in the Dollard-des-Ormeaux's Civic Centre, the Dollard Centre for the Arts provides access to quality arts instruction in all major disciplines. It offers a Fine Arts Summer Camp experience to creative children and organizes the city's annual Fine Arts & Crafts Holiday Market. It administers DDO's Galerie de la Ville and facilitates services for the Artist's Association of Dollard.



***Angelo David Russo - Mixed Medias Mix-Up** - For teens (15+) and adults of all levels

This course aims to teach beginners the basics of experimental & mixed media painting. Learn a variety of painting techniques while incorporating various materials to create original mixed media work. Techniques will include newsprint & tissue collage, tape resist, masking, bulletism, using a brayer for varied effects, and much more.

***Renée Mizgala - Enjoying Watercolour** - For adults of all levels

Learn basic to more innovative watercolour techniques through demonstrations and critiques while you explore various subject matter.

***Renée Mizgala - Enhancing Watercolour** - For students with experience (online)

Students should have a basic knowledge of watercolour and be ready to attempt more difficult subject matter. They will learn techniques not only on regular watercolour paper, but also how to paint on canvas and other Oriental papers. Through demonstrations and critiques students will be encouraged to paint not only in a realistic manner, but also in a more painterly and personal approach. They must be willing to experiment and be daring!

***Jacinta Ionno - Peinture à l'huile : Original Images** - For adults of all levels

Learn underpainting, layering and blending techniques through demonstrations and exercises using your own photographs of various subjects.

From the Editors—



Happy Holidays !